

## HYALURONIC ACID INJECTIONS

Hyaluronic acid (HA) is an injectable, synthetic version of the fluid that naturally lives in your knee. They are referred to as lubricating injections because they act to better lubricate the knee to treat cartilage conditions that cause knee pain. They are administered in the office as a series- once a week for three weeks. Effects are typically felt about one week after the final injection and can last up to 6 months. You can repeat the series of injections every 6 months.

Common brands : Euflexxa, supartz, orthovis, synvisc, and hyalgan

Obtaining HA injections can be a process and it often takes about a month to receive them. Many times these injections require extra effort with the insurance company to get them approved. Please work with us to expedite the process. Please review the following guidelines:

### **Office Responsibilities**

1. Write the prescription for the medication.
2. The prescription will then be submitted to the medication portal.
3. Staff will notify the patient of the specialty pharmacy that will fill the prescription.

### **Patient's Responsibilities**

4. Contact the specialty pharmacy regarding the status of the medication.
  - If you are notified that the medication requires pre-certification, please contact the office. The office is responsible for pre-certification.
  - Continue to check in with the specialty pharmacy regarding the status of the medication.
5. Give consent the specialty pharmacy for the shipping of the medication. The specialty pharmacy will notify you of any co-pay you are responsible for. Medication should be shipped to:

Hospital for Special Surgery  
East River Building, 6<sup>th</sup> Floor, Room 619  
Office of Strickland and Shubin Stein  
523 East 72<sup>nd</sup> Street  
New York, NY 10021

### **Office Responsibilities**

6. Office will contact the patient when injections arrive to schedule the appointments to administer the injections.